

# TAKE A SELF TEST

You can use this sampling kit to genitally (vagina) test for **Mycoplasma**. Your body material will be examined at our laboratory (ISO-15189). The results are authorised by a microbiologist. You can ask for the result via **testalize.me/uitslag** by using the code on the code card.

Testalize.me | Rotterdam | The Netherlands | <https://testalize.me>

Revised on: 03-12-2020 | Storage conditions of the sampling test: 15°C to 30°C | Transport condition of the return box: 1°C to 30°C



testalize.me

## INSTRUCTIONS

### KEEP YOUR CODE CARD!

You will find your code card in the return box. You can use it to ask for the result. So keep that card! Alternatively, take a picture of it. No code? No result!

**STD TEST FOR WOMEN**  
Mycoplasma genitalium

You can take the test as late as  
**14 days** after you last had unsafe sex.  
There is no point in taking the test earlier!

# USE



**A** RETURN BOX



**C** CODE CARD



**D** VIAL\*



**E** COTTON SWAB\*\*



**B** INSTRUCTIONS



**F** SEALBAG\*\*\*

\* vial | Aptima® Multitest Swab Transport Medium (STM) | Hologic Inc.

\*\* cotton swab | Aptima® Multitest Swab (SW) CE0843 MDD 93/42/EEC | Hologic Inc.

\*\*\* sealbag | Daklapack



Remove the code card (C) from the return box (A) and keep this code!

Leave the fluid in the vial (D) and avoid skin contact. Do not ingest.



Separate your labia\*, holding the cotton swab (E) on the snap line. Insert the cotton swab into your vagina up to 5 cm. Swipe along the vaginal wall for 30 seconds.



Open the vial. Place the cotton swab inside and snap it along the line.



Securely close the vial. Place it in the sealbag (F) and seal the bag. Place the sealbag in the return box and close the box.



You can now send the return box to our lab via the PostNL postbox ([testalize.me/retourbox](https://testalize.me/retourbox)).



Request the results within 48 hours of receipt (Mon-Fri) with your code card via [testalize.me/uitslag](https://testalize.me/uitslag).

\* assume a comfortable position as you would when you insert a tampon.